

PART TIME HOBBY & LEISURE COURSES 2024-25



COLEG
CAMBRIA

www.cambria.ac.uk
0300 30 30 007

CONTENTS

Welcome	03
How to Apply	04
Advice & Support	05
Library & Academic Skills	06
Cambria University Centre	07
Cambria Salons	11
Toybox Nursery	12
Learn Welsh	16
Iâl Restaurant	20
Jobs Growth Wales+	25
Apprenticeships	26-27
Personal Learning Account	28
ReAct+	28

COURSES **08-24**

Access to HE	08
Agriculture & Precision Agriculture	09
Animal Care & Management	08
Art & Design	10
Beauty, Spa & Complementary Therapy	10
Childcare, Childhood Studies & Playwork	13
Construction & Building Services	14
Counselling	13
Creative Media Production	15
Digital Technologies, Computing & IT	15
English and Maths (Skills for Adults)	17
Floristry	18
Hairdressing & Barbering	19
Hospitality & Catering	19
Languages	21
Learn English	22
Performing Arts - Dance for Parkinson's	23
Science	23
Sport & Fitness	24



0300 30 30 007
WWW.CAMBRIA.AC.UK

All information is correct at the time of publication.

WELCOME TO COLEG CAMBRIA



Coleg Cambria provides a range of professional and training courses to enable you to improve your existing knowledge, skills and qualifications and gain new skills for work.

We also provide adult and community learning as well as Skills for Adults courses in a range of subjects across the College's six sites and in community venues in Flintshire, Wrexham and Denbighshire.

At Coleg Cambria we offer a wide range of part time, evening and weekend courses; you will be taught by industry specialists to ensure you get the very best learning experience to help you succeed. Our flexible adult programmes are designed to upskill you whilst you enjoy learning more and meeting new people.

We are continually working to extend our range of courses, so be sure to check our website for the latest additions.

Our fantastic support services team are available from the moment you arrive to give you all the information and support you need.

As a part time learner you will have access to our excellent facilities including well-equipped libraries and industry-standard workshops.



dysgucymraeg.cymru
learnwelsh.cymru



HOW TO APPLY

ENROL NOW

Many of our courses do not require any prior knowledge, so you can enrol online or over the phone straight away. Please see our website for details.

VISIT US

Visit Student Services at one of our Coleg Cambria sites listed below:

YALE & YALE SIXTH

Grove Park Road, Wrexham, LL12 7AB
Monday - Thursday 8:00am - 5:00pm
Friday 8:00am - 4:30pm

BERSHAM ROAD

Wrexham, LL13 7UH
Monday - Thursday 8:30am - 5:00pm
Friday 8:30am - 4:00pm

DEESIDE

Kelsterton Road,
Connah's Quay, CH5 4BR
Monday - Thursday 8:00am - 5:00pm
Friday 8:00am - 4:30pm

LLYSFASI

Ruthin Road, Ruthin, LL15 2LB
Monday - Thursday 8:30am - 5:00pm
Friday 8:30am - 4:30pm

NORTHOP

Holywell Road, Northop, CH7 6AA
Monday - Thursday 8:30am - 5:00pm
Friday 8:30am - 4:00pm

[CLICK HERE](#)

[TO CHECK OUT OUR
ACCESSIBLE FACILITIES](#)



ADVICE AND SUPPORT

INCLUSION

Coleg Cambria is committed to Equality, Diversity and Inclusion. All of our sites are accessible. For more information, please contact:

learning.support@Cambria.ac.uk or
equalityanddiversity@Cambria.ac.uk.

DISCLOSURE & BARRING SERVICE CHECK (DBS)

On certain courses you will need to complete a Disclosure and Barring Service check. This will include courses where there is regular unsupervised contact with children or vulnerable adults.

ARE YOU AGED UNDER 16?

Please note: Due to the way many of our courses are supported by Government funding (for which we are unable to claim for under 16 year olds), we may have to charge an additional fee on courses to students who are under 16 years old on 1st September 2024. For safeguarding purposes, a parent or guardian will need to accompany under 16s to classes and will also need to pay the standard course fee.

LEARN IN WELSH

Courses can be assessed through the medium of Welsh.

**FOR MORE INFORMATION
CALL STUDENT SERVICES
ON 0300 30 30 007
studentservices@Cambria.ac.uk**

FEES AND FINANCIAL ASSISTANCE

Fees shown cover up to the first year of study only. For two or three year courses, the same fee will be payable again at the start of your second and third years of study.

You will need a letter of agreement to pay or a purchase order if your company is paying your course fee.

YOU CAN PAY BY:

- Cash
- Cheque
- Credit or Debit Card
- Employer's Purchase Order

Course fees over £400 are eligible for instalments - learners pay 25% at enrolment and three subsequent direct debit payments of 25%

Where the course duration is 10 weeks or fewer, students must pay in full at the time of enrolment.

Any deferred payment plans must be agreed and signed for by the student and college staff prior to enrolling and starting classes.

Instalments are not available for learners that have been withdrawn for non-payment of fees.

*Every effort has been made to ensure the details contained within the guide were accurate at the time of going to print. We reserve the right to make changes and improvements to the provision of courses and other details contained within this publication. When feasible, changes will be announced prior to the course start dates, but the College assumes no responsibility for giving any particular notice of such changes.

LIBRARY & ACADEMIC SKILLS

As a Coleg Cambria student, you will have access to our well-equipped libraries. We have a wide range of online resources including research platforms and eBooks. We can also offer 1:1 academic skills support for your studies.

For more information drop into the library on your site or email us and our friendly team will be happy to help you.

library@cambria.ac.uk

Looking to give your career a boost?



View our **Part Time Professional Course Guide** online or pick up a copy from any Coleg Cambria site

[CLICK HERE](#)

TO VIEW OUR
PROFESSIONAL
COURSES GUIDE

GET YOUR DEGREE AT CAMBRIA UNIVERSITY CENTRE



Access to HE | Degrees | Professional Development | Higher & Degree Apprenticeships

At Cambria University Centre, our courses are all designed with employment in mind to maximise your career potential.

Employer input ensures you develop the skills needed to succeed in your chosen career.

We've partnered with some of the best universities and learning companies in the UK to deliver the very best Higher Education in North Wales.

OUR COURSES

Access to Higher Education	Construction and the Built Environment (Civil Engineering & Construction Management)
Advanced Manufacturing Engineering (Electrical/Mechanical)	Criminal Justice
Aeronautical and Manufacturing Engineering	Electrical and Electronic Technology
Agriculture	Engineering
Animal Management	Health and Social Care
Applied Business Management	Mechanical Technology
Childhood Studies	Teaching (PCE-PCET / PGCE-PCET)
Computing	Tourism and Hospitality
	Sports Coaching

HIGHER & DEGREE APPRENTICESHIPS

Accounting	Construction	Health and Social Care
Aeronautical Engineering	Data Analytics	Horticulture
Business Administration	Engineering (Manufacturing)	IT & Cyber Security
Childcare	Food Manufacturing	Leadership and Management

www.cambria.ac.uk/university-centre | 0300 30 30 007 | he@cambria.ac.uk



Access to HE



Access to Higher Education courses at Cambria University Centre offer a one year route to degree level study. Studying for an Access qualification can lead to a successful career with many of our students going onto university and pursuing new careers they never thought possible.

If you left school without the usual qualifications, such as GCSEs or A Levels, then this course may be for you. The Access to Higher Education programmes are **free of charge** and prepare you for future study, whether you are looking for a way to access nursing, midwifery, engineering, teaching, social work or policing we have something for you.

Courses include:

Preparation for Higher Level Study

And many more!

[CLICK HERE](#)

to find the latest courses

Animal Care & Management

Kickstart or further a wonderful career with animals at stunning facilities with our experienced tutors. Whether you want a new hobby, take your career in a new direction or to meet new people, discover the perfect opportunity at Coleg Cambria Northop.

Courses include:

Level 2 Certificate Dog Grooming Assistants



[CLICK HERE](#)

to find the latest courses



[CLICK HERE](#)

to find the
latest courses

Agriculture & Precision Agriculture

Explore the world of agriculture and precision farming through our part time courses at Coleg Cambria Llyfsasi. From learning the fundamentals to gaining hands-on experience in precision agriculture technologies, our courses cater to enthusiasts of all levels. Join our community of passionate learners and unlock the potential to grow your own food and contribute to a more sustainable future.

Courses include:

Safe use of Sheep Dip

Chainsaw Maintenance and Cross Cutting & Felling and Processing Trees up to 380mm

Level 2 Award in Agricultural Tractor Driving and Related Operations

Level 2 Award in Land-based Forklift Operations

Level 2 Award in Sit Astride All Terrain Vehicle Handling

And many more!

Art & Design

If you're passionate about turning your ideas into art and can see yourself working in a rapidly-growing creative industry, then Art & Design is for you.

Make use of our specialist art and design facilities such as our photographic studio, textiles and fashion studios, printmaking workshop, Mac Suites and 3D workshop. Whether you're picking up a paintbrush for the first time, or want to try your artistic hand at a new medium, we have a course for you.

Courses include:

Introduction to Printmaking
Advanced Experimental Printmaking
Introduction to Laser Cutting
Introduction to Weave
Introduction to Cameraless Photography
Introduction to Alternative Photography Processes

And more!

[CLICK HERE](#)

to find the latest courses

Beauty, Spa & Complementary Therapy

Do you have a flair for creativity and a friendly personality? Do you want to help others look and feel good about themselves? If you're passionate about all things beauty and want to learn new skills, then a Beauty, Spa and Complimentary Therapy course at Coleg Cambria is for you.

If you want to learn new skills or find a new hobby we'll heighten your knowledge, so you can help clients to look (and feel) their very best. You'll be working with high-end product brands in our state-of-the-art commercial salons, so that you're ready to be the best in your chosen career.

Courses include:

Introduction to Hair & Beauty Industry for Adults
Introduction to Complementary Therapies
VTCT Creative Hair Extensions
VTCT Level 3 Diploma in Reflexology
VTCT Level 3 Award in Indian Head Massage

And many more!

[CLICK HERE](#)

to find the latest courses



Our fully commercial salons are based at Deeside (Salon Cambria) and Wrexham (iâl Salon)

From the moment you walk through our doors, we want you to be fully immersed in a salon experience like no other that leaves you looking and feeling great both inside and out.

Offering a fantastic selection of hair and beauty treatments from cuts to a brand new colour, a brow shape to a deep tissue massage, from head to toe we want you to leave feeling great.

SALON
CAMBRIA

For bookings at iâl Salon please visit www.ialsalon.co.uk or call 01978 267650

For Salon Cambria please call 01978 267006 or email saloncambria@cambria.ac.uk

iâl
SALON



Our nursery provides full and part time places for staff, students and the public.

Rated as Excellent by Estyn, here at Toybox Nursery we offer exceptional quality childcare, ensuring that both parents and children enter an environment that is warm and friendly, with care and education of the highest standard. We have the provision to cater for children with additional needs.

With a setting that provides educare for children aged 3 months to five years, it is important to understand that we view all age groups as a stepping-stone towards preparing them for their future.

**To find out more visit toybox-nursery.cambria.ac.uk
toybox@cambria.ac.uk | 01978 267159**

Childcare, Childhood Studies & Playwork

Do you love making a positive difference in children's lives? Then a career in one of the UK's fastest growing sectors could be for you. You can learn first-hand how children and young people develop and learn at a number of levels including childcare, nurseries, education, or by doing youth work or charity work.

Courses include:

Employability Preparing to Work in Schools

And many more!

[CLICK HERE](#)

to find the latest courses

Counselling

Gaining the skills needed to secure a role as a counsellor could be your first step on the road to a highly rewarding career in the counselling field.

Whether you're looking to establish your career as a counsellor or even if you just want to grow your understanding to help those around you, a course in counselling may be the best way to start.

These highly popular courses are for learners aged 19+ and are taught and delivered by individuals with real life experience of working in a range of roles in the counselling sector.

Courses include:

CPCAB Level 2 Award in Introduction to Counselling Skills

And many more!

[CLICK HERE](#)

to find the latest courses



Construction & Building Services

Even if you don't work in the industry, construction and DIY are part of our lives. Our part time courses can help you learn the basics to fix things around the house or even inspire you to start a new profession! They are taught by our industry experienced professionals at our state-of-the-art facilities at our Deeside and Bersham Road, Wrexham sites.

Courses include:

Introduction to DIY Property Maintenance

Introduction to Carpentry and Joinery

Introduction to Plumbing

And many more!

[CLICK HERE](#)

to find the
latest courses

Creative Media Production

Powered by creativity and innovation, our Creative Media Production courses allow you to explore the practical and theoretical aspects of contemporary media industries including; film, editing, advertising, journalism, animation, photography, games design, app development and radio broadcasting.

We'll open the doors to a range of careers within the music and media industry. Be prepared to begin an exciting, fast-paced career with a dynamic and professional portfolio that you'll build during your time with us.

Seasonal courses are offered throughout the year.

Please scan the QR code to find the latest courses or contact us on: **0300 30 30 007**.

[CLICK HERE](#)

to find the latest courses

Digital Technologies, Computing & IT

Are you passionate about computers and the digital world? Do you want to develop your knowledge and skills in these fascinating areas? Then study Digital Technologies, Computing & IT at Coleg Cambria and become part of an ongoing technological revolution.

You'll be working with innovative products and changing technology in the fastest growing sector in the world. You'll be in the best possible place to make the most of the digital environment, pushing boundaries and going beyond what you thought you were capable of.



Introduction to Graphic Design with Photoshop and Canva

Introduction to Social Media and Digital Marketing

Introduction to Computer Game Creation

Level 2 Award in Website Design and Development

And more!

[CLICK HERE](#)

to find the latest courses



dysgucymraeg.cymru
learnwelsh.cymru

**Eich cyfle chi i
ddysgu Cymraeg
gyda ni**

**Your opportunity
to learn Welsh
with us**

Dulliau dysgu hyblyg
Flexible learning options



Coleg Cambria

Wrecsam / Sir y Fflint / Gweithle
Wrexham / Flintshire / Workplace

01978 267596

learncymraeg@cambria.ac.uk



Popeth Cymraeg

Sir Ddinbych
Denbighshire

01745 812287

gwybod@popethcymraeg.cymru



dysgucymraeg.cymru
learnwelsh.cymru
**Gogledd Ddwyrain
North East**



Dysgu
Learn

CLICK HERE
to find the
latest courses

English & Maths (Skills for Adults)



If you're looking to improve your English or Maths skills, we offer a range of courses to suit all abilities from the basics up to GCSE. Our confidence boosting courses are free* and take place at college sites and a number of community settings across Wrexham and Flintshire.



Students of all ages learn on our Skills for Adults Courses.

- Achieve qualifications recognised by employers
- Outstanding teachers will support and guide you
- Learn at your own level and pace

All of our classes are tailored to your needs, so whatever your experience, we have the right course at the right level for you.

Courses include:

Improve Your English
Improve Your Maths
Improve your Digital Skills
GCSE Mathematics
GCSE English
GCSE English Language

And many more!

Our courses are continuously updated to meet demand and run regularly throughout the year. If you are interested in a course please scan the QR code below or contact us for the next available start date.

0300 30 30 007
skillsforadults@cambria.ac.uk

*subject to eligibility

[CLICK HERE](#)

to find the
latest courses



[CLICK HERE](#)

to find the
latest courses

Floristry

Create beautiful floral arrangements for your friends and family with our part time floristry courses throughout the year. Your floral arrangements could be the centrepieces of your most special occasions and might even lead onto a new career. You will be taught lots of new skills and meet new people.

Courses include:

Beginners Flower Arranging - Autumn through to Winter

Beginners Flower Arranging - Into the Spring

Beginners Flower Arranging - Summer Blooms

Festive Christmas Workshop

And many more!

Hairdressing & Barbering

Hairdressing and barbering are global multi-billion pound industries, forever chopping and changing with the trends. Both can offer you an innovative and rewarding career or hobby, where your job is to make people look and feel their best. If that sounds like something you'd love to do, Hairdressing & Barbering might be for you.

Industry experts will teach you the tricks of the trade in sleek, modern salon facilities. You'll have access to high-end products and equipment, developing your skills so that you can provide your clients with a first-class experience every time.

Courses include:

Introduction to Hair & Beauty Industry for Adults

VTCT Creative Hair Extensions

VTCT Level 2 Diploma in Barbering (QCF)

And many more!

CLICK HERE

to find the latest courses

Hospitality & Catering

Indulge your passion for hospitality and catering with our part time courses. Whether you dream of creating delectable dishes or orchestrating memorable dining experiences, our courses provide a platform to learn your skills and explore new recipes.

All of this will be done in our state-of-the-art kitchens and site commercial restaurant, Iâl, where you can really test your talents.

Seasonal courses are offered throughout the year.

Please scan the QR code to find the latest courses or contact us on **0300 30 30 007**.

CLICK HERE

TO VISIT OUR IÂL RESTAURANT WEBSITE

CLICK HERE

to find the latest courses



01978 548 818
INFO@IALRESTAURANT.CO.UK
WWW.IALRESTAURANT.CO.UK

  
@IALRESTAURANT

CONTEMPORARY RESTAURANT DINING IN WREXHAM

Discover Your New
Favourite Restaurant



**CLICK
HERE**
to book
a table

Offering homemade baked goods,
delicious light bite lunches,
pre-bookable afternoon teas
and a simple stylish seasonal main menu,
all washed down by locally sourced
beers, wines and craft spirits.





Languages

Have you always wanted to learn a new language? Do you want to feel more confident when you're speaking to locals on holiday?

Our conversational language courses will teach you the basics in a fun and interactive way to give you the knowledge and skills to improve your conversation in your chosen language.

You can also broaden your communication skills by learning how to speak to others using Makaton or British Sign Language.

Courses include:

- Conversational Spanish
- Conversational French
- Introduction to Makaton
- Makaton Level 2
- Introduction to British Sign Language

And many more!

[CLICK HERE](#)

to find the latest courses



If English is not your first language, this is the course for you!

Our Learn English courses are a great choice to help you in life and work in the future.

Courses are split into the three core languages skills; speaking and listening, reading and writing and courses are available across 8 levels from absolute beginners for people with no language skills at all through to Level 2.

You will be able to increase your confidence in speaking English, reading text and writing in English. You will be able to improve your grammar and extend your vocabulary for work, study and home so that you can communicate confidently with friends and employers and learn more about British life and Welsh culture so that you can get the most out of living in the UK.

Whilst courses start in September and finish at the end of June we offer a flexible programme so it is possible to enrol on the course at any time of the year.

Courses cover:

Speaking and Listening Skills

Writing Skills

Reading Skills

Enrolment Details

Please book an appointment with our Student Services team:

0300 30 30 007
studentservices@cambria.ac.uk

Please ensure you have your ID with you as this will be checked to ensure eligibility.

You can study 3 to 15 hours per week throughout the college academic year (35 weeks).

CLICK HERE

to find the latest courses

Performing Arts - Dance for Parkinson's

national dance
company wales
cwmni dawns
cenedlaethol cymru

English
National
Ballet

Dance for Parkinson's classes in partnership with the National Dance Company of Wales.

Dance for Parkinson's classes are fun and informal classes.

Dance has been proven to develop confidence and strength, whilst temporarily relieving some participants of symptoms in everyday life. Classes are creative and promote feelings of freedom from the physical and social constraints of having Parkinson's.



We are an affiliated hub of English National Ballet's Dance for Parkinson's programme.

[CLICK HERE](#)

to find the
latest courses

Science

There aren't many aspects of our lives that science isn't a part of, and the possibilities and benefits to society are endless. Medicine, food, technologies and the environment all involve scientific innovations. You could be making those positive changes for the planet first hand; with our team you'll achieve great things and push boundaries to discover what's really possible.

Courses include:

GCSE Biology

[CLICK HERE](#)

to find the
latest courses



Sport & Fitness

Discover your passion and enhance your skills with our part time sport courses. Whether you're a beginner or have some experience, our courses offer a perfect opportunity to dive into something new or improve your existing abilities. As a Coleg Cambria Sports learner, you'll also have access to some of the best facilities in Wales, including the North Wales Indoor Athletics Centre (NWIAC).

Courses include:

YMCA Level 2 Certificate in Fitness Instructing

Level 3 Diploma in Personal Training

YMCA Level 3 Diploma in Sports Massage Therapy

And many more!

[CLICK HERE](#)

to find the latest courses

JOBS GROWTH WALES+



Are you aged 16-19, living in Wales and want to secure an Apprenticeship, a job or help to get on to a full time college course?

Our Jobs Growth Wales+ programme will help you to develop your personal skills and overcome barriers that are preventing you from entering the world of work or securing employment. We will help you to improve your confidence, gain qualifications, focus on finding a career that's right for you and improve your literacy and numeracy skills.



You will attend a work placement in an area you are interested in, which will help you identify your career pathway.

You will be supported throughout your time on programme by a dedicated and supportive team to help you secure further learning, employment or an apprenticeship.

For more information please contact:

JGWPlus@cambria.ac.uk
01978 267472

or speak to your Working Wales Advisor.

The programme will include various workshops that will cover:

PERSONAL & SOCIAL SKILLS

- Confidence and communication skills
- Attitudes and behaviours
- Wellbeing
- Personal resilience
- Transferable skills eg. teamwork, listening, problem-solving
- British Citizenship
- Volunteering and community engagement

EMPLOYABILITY SKILLS

- Focus on next steps
- Career research
- Industry tours
- CV preparation
- Interview skills
- Money management
- Entrepreneurship
- Work tasters

SKILLS DEVELOPMENT

- Development of literacy and numeracy skills
- Welsh language and culture
- Health and Safety
- Manual Handling
- Digital skills

WHAT IS AN APPRENTICESHIP?



Apprenticeships give you the opportunity to work for an employer, earn a salary, get paid holidays and achieve nationally recognised qualifications. You will also gain valuable workplace skills and experience.

Apprenticeships are for all ages and for people already employed, subject to eligibility criteria. They develop your knowledge and practical ability to do your job effectively and by being employed you are developing employability skills and personal confidence. Apprenticeships are a great way to start your career and open the door to exciting employment prospects.

KEY BENEFITS:

- Earn a wage
- Gain recognised qualifications
- Get on-the-job training and skills
- Get paid holidays
- Start your career journey
- Develop employability skills and confidence
- Opportunity to progress to degree level apprenticeships
- College benefits including student card and discounts.

The Welsh Government supports an all-age Apprenticeship Programme, therefore you could be eligible for an apprenticeship opportunity to train, regardless of age. Coleg Cambria works with a wide range of employers to support apprenticeships from Level 2 - Level 6, in over 400 different pathways, for a wide variety of sectors.

There are five levels of apprenticeships which take between 1-4 years to complete individually (more if progressing through the levels).

You will gain industry approved qualifications, extensive work experience and qualifications within literacy, numeracy and digital literacy (for specific courses).

HOW DO I APPLY?

If you find a job, you can simply speak to your employer about becoming an Apprentice. If your employer agrees, please contact the Employer Engagement team at Cambria for Business to discuss the process and find out the most fitting apprenticeship and level.

If you don't already have a job visit our apprenticeship vacancies page to see which employers are currently taking on apprentices:

CLICK HERE

**TO VIEW OUR
APPRENTICESHIP
VACANCIES**

employers@cambria.ac.uk
0300 30 30 006



Cambria delivers Apprenticeships in most occupational areas including:

[CLICK HERE](#)

to find the
latest courses

Accounting

Agriculture &
Precision Agriculture

Animal Care
& Management

Beauty, Spa &
Complimentary Therapies

Business
Administration

Business, Management
& Leadership

Childcare, Childhood
Studies & Playwork

Construction &
Building Services

CIPD

Customer Service,
Advice & Guidance

Digital Technologies,
Computing & IT

Engineering, Manufacturing
& Maintenance

Equine

Fabrication & Welding

Floristry

Food Manufacturing

Forestry &
The Countryside

Hairdressing & Barbering

Health & Social Care

Horticulture
& Landscaping

Hospitality & Catering

Motor Vehicle

Teaching, Assessing
& Education

Warehousing
& Logistics

REWRITE YOUR CAREER WITH A PERSONAL LEARNING ACCOUNT

Personal
Learning
Account

If you're over 19 years old and living in Wales, in employment earning under £30,596 a year, or your job is at risk of redundancy, a Personal Learning Account (PLA) is a great way to access part-time study on specific courses.

WHAT IS A PERSONAL LEARNING ACCOUNT?

A PLA allows you to study flexible, part time courses around your existing life and commitments. It enables you to obtain the skills and qualifications you need to switch careers and embark on a new pathway.

PLAs provide flexible and fully-funded learning, both online and face-to-face.

You'll be able to get new skills and qualifications that local employers need to help you progress your current career or change it altogether.

[CLICK HERE](#)

to find the
latest courses

pla@cambria.ac.uk
0300 30 30 006

REACT+

WHAT IS REACT+?

ReAct+ offers tailored solutions which may include financial support, skills training and personal development support to help remove barriers to employment, such as support with mental health, confidence building, language skills and more.

ReAct+ is a new grant programme that builds on the success of previous programmes and is part of the Welsh Government's Young Person's Guarantee.

For the latest list of courses and to apply, email react@cambria.ac.uk

All PLA and ReAct+ courses on offer are being funded by the Welsh Government.

To be eligible for ReAct+ support you must be aged 18+ and be a resident in Wales with a right to live and work in the UK and either:

- **Under formal notice of redundancy**
or
- **Been made redundant or unemployed within the last 12 months**
or
- **Be aged 18-24 and not in education, employment or training**

Or call to speak to one of the team:
0300 30 30 006